

# Basic Lessons for Understanding Equipment

## Oxygen Therapy - A Do's and Don'ts Guide

Patient: M|SITE.SHIP\_TO\_NAME

Patient ID: M|CUSTOMER.PATIENT\_ID

Model #: Select

Serial #:

Date: M|C|CURRENTDATE

### Things to Remember While Using Oxygen:

- Change nasal cannula and/or oxygen mask as directed by your provider. (Picture 1)
- Change oxygen tubing every three months. (Picture 2)
- Clean humidifier bottle twice weekly with hot soapy water. If you have a disposable humidifier bottle, it should be changed monthly. (Picture 3)
- Call your physician if you experience frequent headaches, anxiety, blue lips or fingernails, drowsiness, confusion, restlessness, or slow, shallow, or irregular breathing

Picture 1



Cannula



Mask

Picture 2



Picture 3

### Safety Issues

- DO NOT smoke while using oxygen
- DO NOT stand within five feet of someone who is smoking while you are on oxygen.
- Keep NO SMOKING signs posted in your place of residence.
- Keep heat sources at least five feet away from you and your oxygen tubing.
- DO NOT use an oil-based product (i.e. Petroleum jelly) for nose irritation, instead use a water-based product.
- Keep oxygen cylinders stored in a well-ventilated area. If cylinders cannot be secured in an upright position, lay them on their sides.
- DO NOT change your oxygen flow rate without consulting your physician.

**\*\* Please contact your equipment provider for any questions, adjustments, or repairs. \*\***

All Medicare DMEPOS suppliers must be in compliance with CMS Supplier Standards in order to obtain and retain their billing privileges. These standards, in their entirety, are listed in 42 C.F.R. pt. 424, sec 424.57(c). A supplier must disclose these standards to all customers/patients who are Medicare beneficiaries (standard 16). Supplier Standard 12 includes "A supplier ...must instruct beneficiaries on use of Medicare covered items".